

O2: BHS TREC

BHS TREC is a fantastic sport which offers grass roots riders a chance to compete in a sport that can be technically demanding and challenging but is equally a good chance to explore areas of natural and historic beauty that would not usually be accessible on a daily basis.

BHS TREC has many benefits for both horse and rider, it encourages general horse knowledge and care, and develops a wide range of useful skills in the partnership. In the horse it encourages calmness and versatility and in the rider personal development making them more independent and confident with their riding and also enhances social capabilities.

There is no type of horse which is especially suited to BHS TREC, any breed of horse can take part from mountain and moorland to retrained racehorses. BHS TREC is open to all.

The competition consists of three phases, and usually takes place over two days, POR – Orienteering on horseback, CoP – Control of Paces and PTV – Obstacle course. There are many ways to become involved in BHS TREC and compete in this rewarding sport. Classes are run for both individuals and pairs.

BRC members are automatically eligible to compete in BHS TREC competitions without the need to pay any further affiliation fees.

Kelly Marks Winter Series - The season runs from October to March. Competitions are held in either an indoor or outdoor arena and consist of the CoP phase where you are required to canter as slowly as possible and walk as quickly as possible over a set distance. The second PTV phase consists of ten obstacles which can include the S Bend, bridge, rein back, immobility, mounting from a block and a small jump.

BHS TREC Competitions – The season runs from April to October and competitions are held at venues throughout the UK. There are four levels, one for the least experienced and four for the most experienced competitors. These events are usually run over two days and offer an excellent opportunity for you to stay away with your horse. The TREC community is hugely friendly and there will be a social event on Saturday evening to which any newcomers are most welcome.

BHS TREC League – The league runs across all affiliated BHS TREC competitions. Points are collated throughout the season and trophies are presented to the winners of each league.

BHS TREC Championships of Great Britain – There are a number of qualifying competitions held throughout the season at which competitors can qualify for the Championships. Classes are held for levels two, three and four. Pair's classes are held for levels two and three. There is also a team competition with a prize for the highest placed BRC team.

European TREC Championships – Great Britain sends both a Young Rider and Senior team to the European Championships. To be considered for selection riders must regularly achieve a high level of performance and be available to attend team training sessions. Applications for team selection must be made in writing using the forms provided.

BHS TREC Training – There are a number of training opportunities available through out

the year whether it is grass roots training, orienteering or training for potential GB team members.

BHS TREC Rules – The rules for BHS TREC are governed by The BHS TREC Rulebook & Guidelines for Organisers of Affiliated BHS Competitions which is available to purchase at the BHS Bookshop www.britishhorse.com

Become Involved – To find out more about BHS TREC contact 02476 840591 or 02476 840595 or email competitions@bhs.org.uk Further details are also available from the website www.bhs.org.uk